

# Conocimientos - As we gather

*Take a moment to ponder your response to this prompt  
(we will share our thoughts later):*

For me, sabbath means...

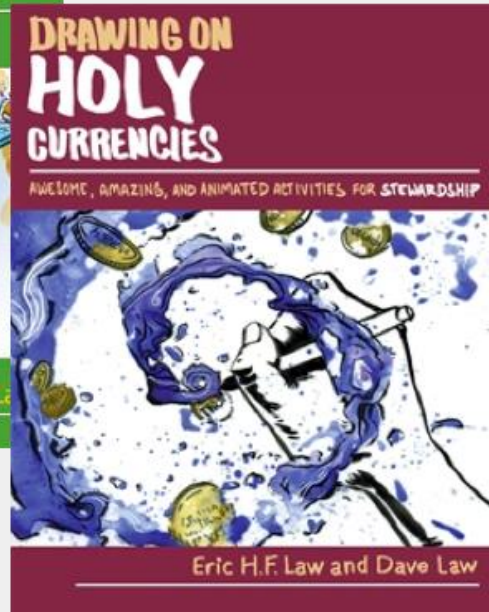
# Conversations on Being Well

No. 1 of 5 – Wellness in Time and Place



offered by the Kaleidoscope Institute

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Stewardship365  
is based on these  
***Holy Currencies***  
***resources***  
by Eric H. F. Law  
(Chalice Press, 2013,  
2015, 2018)



# Our agenda

1. **Gather:** Ponder a question, sing a song
2. **Review** communication guidelines and practices
3. **Share** responses to the gathering question
4. **Find** today's theme in the Cycle of Blessings
5. **Explore** today's Blessing(s) from the Bible with each other
  - First reading – Share a word, phrase, or image
  - Second reading – Share thoughts on a question
  - Third reading – Consider a special pledge card
6. **Close** with the Circle Prayer

*Sing:*

Praise God from whom all blessings flow  
Circling through earth so all may grow  
Vanquishing fear so all may give  
Widening grace so all may live



# RESPECTFUL COMMUNICATION GUIDELINES

**R** = take RESPONSIBILITY for what you say and feel without blaming

**E** = use EMPATHETIC listening

**S** = be SENSITIVE to differences in communication styles

**P** = PONDER what you hear and feel before you speak

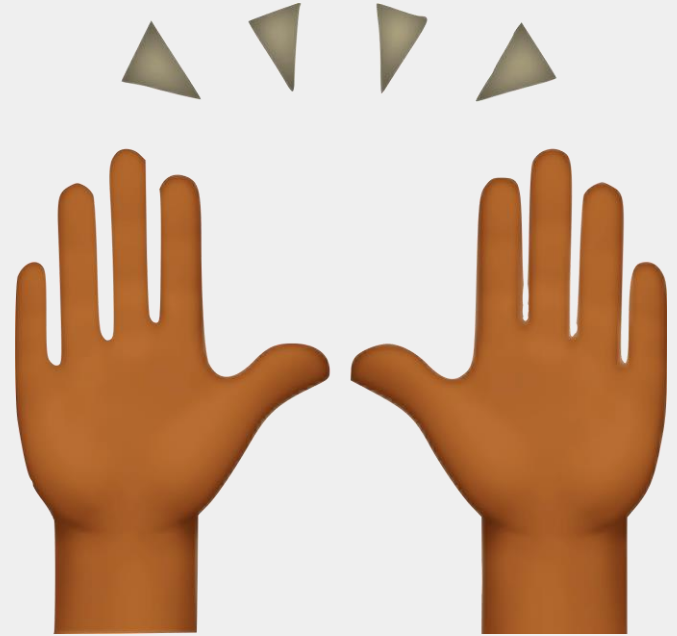
**E** = EXAMINE your own assumptions and perceptions

**C** = keep CONFIDENTIALITY (share CONSTRUCTIVELY to uphold the well-being of the COMMUNITY)

**T** = TRUST ambiguity because we are not here to debate who is right or wrong

# Agreement to RESPECT

Do we have an agreement to uphold these guidelines for our time together?



# Mutual Invitation

*When you are invited,*

*3 options:*

***Pass for now***

***Pass***

***Share***

*Then invite someone else*



# Share Conocimientos

*What is your response to our gathering prompt?*

*Please share (in person using Mutual Invitation, or on Zoom in the chat)*

For me, sabbath means...

## The Cycle of Blessings – Fundamental Assumptions

1. God owns everything
2. God gives abundantly.
3. We are not to keep God's resources; we are to circulate these resources.
4. God's blessings are then recycled to create more blessings.

*I wonder how we become people and communities where these Blessings are flowing?*



## God's Blessings include Time and Place

**Time** – Paid and volunteer time that leaders, members, and friends offer to the church or ministry.

**Place** – Properties from which a church and ministry operate, and other properties owned or which can be accessed by the church and ministry.



# Bible Sharing

*The text (or texts) will be read aloud three times.*

*After each reading, participants will be invited to share, using Mutual Invitation.*

*The questions for sharing are in the Participant's Booklet.*

## Deuteronomy 5:12-15

Observe the sabbath day and keep it holy, as the Lord your God commanded you. For six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

## Exodus 23:10-11

For six years you shall sow your land and gather in its yield; but the seventh year you shall let it rest and lie fallow, so that the poor of your people may eat; and what they leave the wild animals may eat. You shall do the same with your vineyard, and with your olive orchard.

## Leviticus 25:8-12

You shall count off seven weeks of years, seven times seven years, so that the period of seven weeks of years gives forty-nine years. Then you shall have the trumpet sounded loud; on the tenth day of the seventh month—on the day of atonement—you shall have the trumpet sounded throughout all your land. And you shall hallow the fiftieth year and you shall proclaim liberty throughout the land to all its inhabitants. It shall be a jubilee for you: you shall return, every one of you, to your property and every one of you to your family. That fiftieth year shall be a jubilee for you: you shall not sow, or reap the aftergrowth, or harvest the unpruned vines. For it is a jubilee; it shall be holy to you: you shall eat only what the field itself produces.

# Pledges about Time & Place

- I commit \_\_\_\_\_ hours per week for this existing or new ministry in the church \_\_\_\_\_.
- I commit \_\_\_\_\_ hours per week for this existing or new ministry in the community/neighborhood \_\_\_\_\_.
- I commit to invite one or more people from the neighborhood/community to volunteer hours for this/these ministries (*names of people and ministries*) \_\_\_\_\_.
- I commit to renovate/beautify/refurbish this church space \_\_\_\_\_ for this existing or new ministry \_\_\_\_\_.
- I commit to use this location I own \_\_\_\_\_ for this existing or new ministry \_\_\_\_\_.
- I commit to make this location to which I have access \_\_\_\_\_ available for this existing or new ministry \_\_\_\_\_.



# Circle Prayer

*Either silently or aloud, complete the sentences:*

I thank God today...

I ask God today...

*Then invite the next person.*

*After everyone has shared, close with the Lord's Prayer.*

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