



Here is the world. Beautiful and terrible things will happen. Don't be afraid.

— Frederick Buechner





















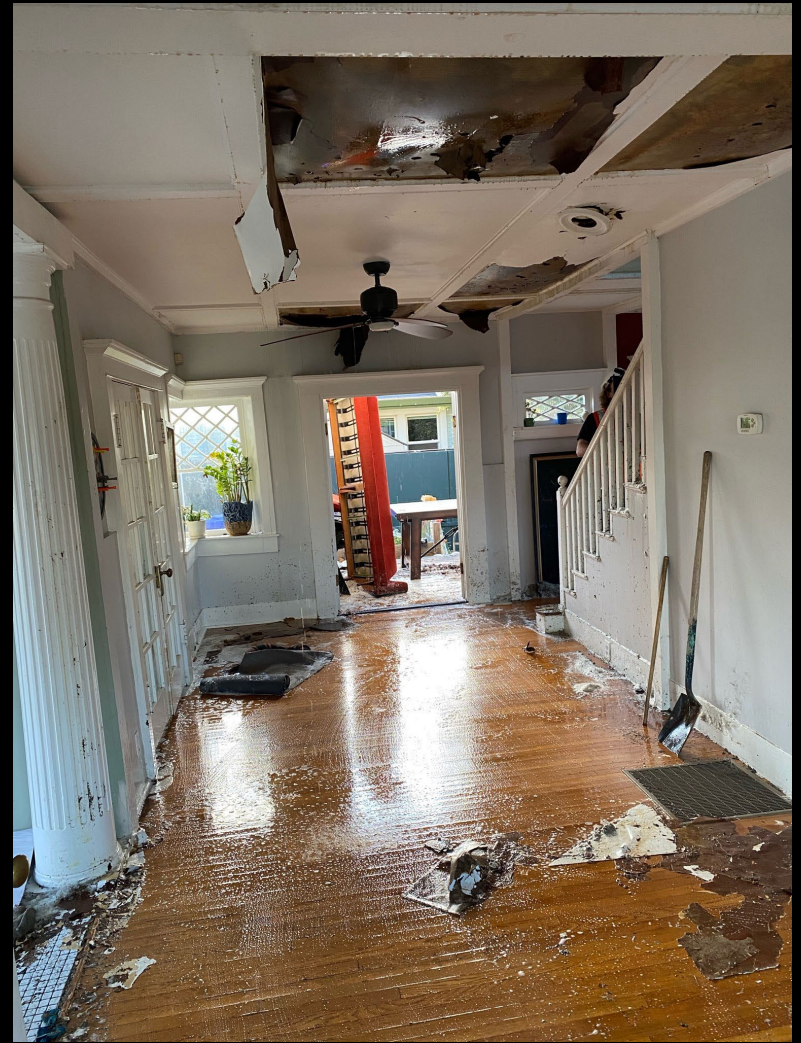
























What people resist is not change per se,  
but loss.

— Ronald Heifetz



# STEWARDING GRIEF

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1. Pay attention to the patterns

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- 3 archetypal patterns to meet real needs in unhealthy ways:

  - power & control**

  - esteem & approval**

  - safety & security**

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1. Pay attention to the patterns
2. Name the Loss







# STEWARDED GRIEF

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3. Engage Grief Rituals





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# GIFTS OF GRIEF

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1. Gifts born of people



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2. Gifts born of circumstance





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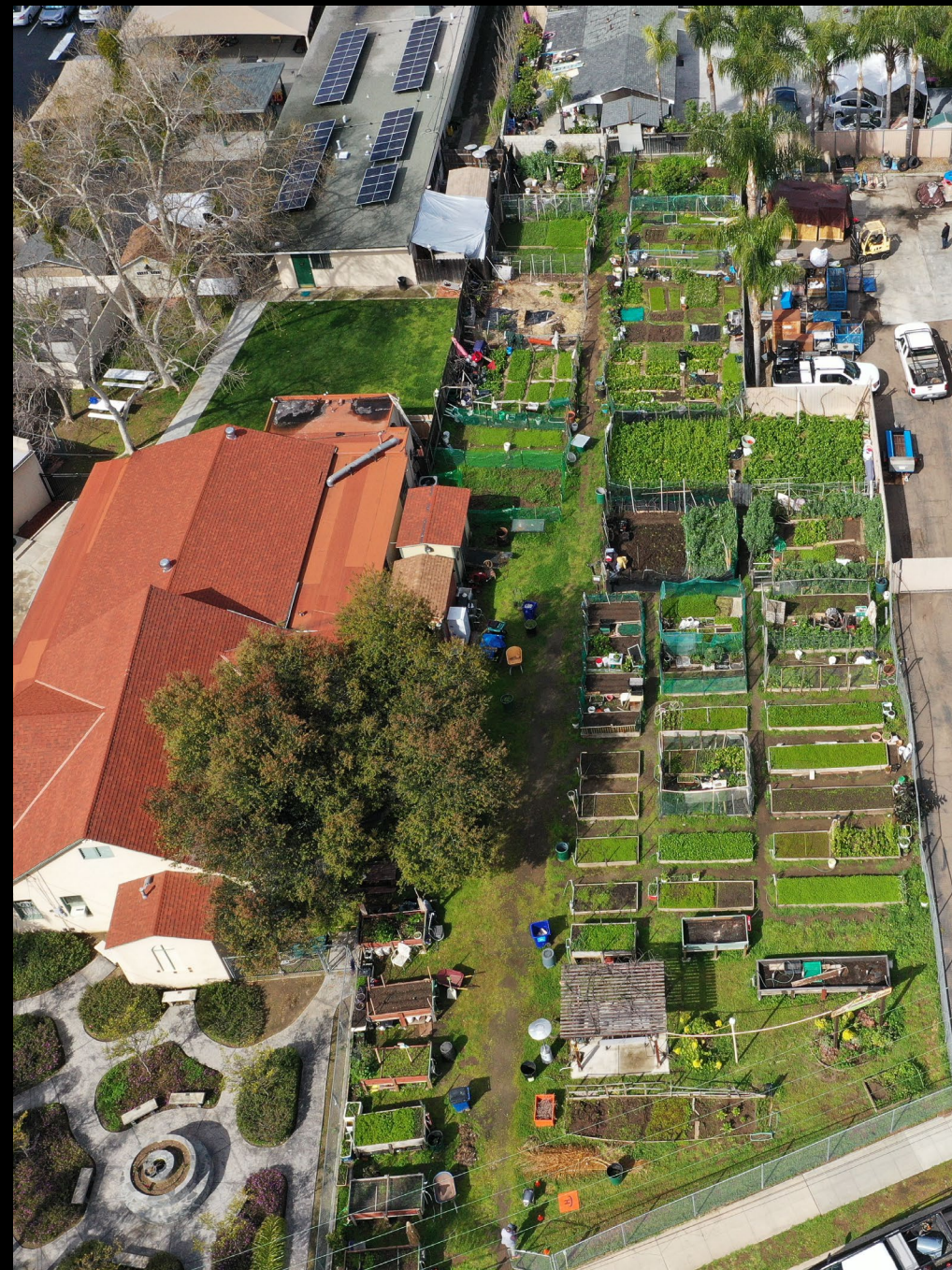
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# GIFTS OF GRIEF

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3. Gifts born of creativity















# GIFTS OF GRIEF

1. Gifts born of people
2. Gifts born of circumstance
3. Gifts born of creativity

















